

SPORT & PERFORMANCE PSYCHOLOGY REQUIREMENTS

I. General Psychology Core 23 credits

Statistics and Research Methodology 6

Statistics (3)

Research methods (3)

Scientific and Professional Ethics and Standards 3

Ethical & Legal Issues (3)

History and Systems 3

Foundations of counseling theories (3)

Individual Behavior 3

Clinical issues: Interviewing & Diagnosis (3)

Human Diversity 5

Multicultural practicum (5)

Helping Relationships 3

Counseling methods and practices (3)

II. Sport & Performance Psychology Core 34 credits

(Exclusive of and in addition to the General Psychology Core)

Scientific and Theoretical Foundations 6

Theories of Performance Excellence (3)

Theoretical Aspects of Sport & Performance Psychology (3)

Intervention Procedures 6

Sport & performance psychology interventions (3)

Consulting methods and practices (3)

Groups 4

Group interventions (2)

Team and organizational dynamics (2)

Practicum 18

Practicum in SPP _____ 9

Practicum in SPP: Professional Practice _____ 9

III. Electives Minimum of 15 credits

Psychology of High Risk Occupations 3

Psychology of Performing Arts 3

Psychology of Performance in Business 3

Sport in American Society 4

Motivational Interviewing 2

Organizational Leadership: CPEX 3

Seminar in SPP 3

Assessment and Measurement 3

Psychophysiology and Biofeedback Lab 4

Multicultural Seminar 1

TOTAL CREDITS REQUIRED FOR GRADUATION = 72