

# **SPORT & PERFORMANCE PSYCHOLOGY REQUIREMENTS**

## **I. General Psychology Core      24 credits**

### **Statistics and Research Methodology      6**

Statistics (3)

Research methods (3)

### **Scientific and Professional Ethics and Standards      3**

Ethical & Legal Issues (3)

### **History and Systems      3**

Foundations of counseling theories (3)

### **Individual Behavior      6**

Human growth and development (3)

Clinical issues: Interviewing & Diagnosis (3)

### **Human Diversity      3**

Multicultural issues (3)

### **Helping Relationships      3**

Counseling methods and practices (3)

## **II. Sport & Performance Psychology Core      36 credits**

(Exclusive of and in addition to the General Psychology Core)

### **Scientific and Theoretical Foundations      6**

Theories of Performance Excellence (3)

Theoretical Aspects of Sport & Performance Psychology (3)

### **Intervention Procedures      6**

Sport & performance psychology interventions (3)

Consulting methods and practices (3)

### **Groups      6**

Group interventions (3)

Team and organizational dynamics (3)

### **Practicum      18**

Practicum in SPP \_\_\_\_\_ 3

Practicum in SPP \_\_\_\_\_ 3

Practicum in SPP \_\_\_\_\_ 3

Practicum in SPP: Professional Practice \_\_\_\_\_ 3

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## **III. Electives      Minimum of 12 credits**

Psychology of High Risk Occupations      3

Psychology of Performing Arts      3

Psychology of Performance in Business      3

Sport in American Society      4

Motivational Interviewing      2

Organizational Leadership: CPEX      3

Seminar in SPP      3

Assessment and Measurement      3

Psychophysiology and Biofeedback Lab      4

**TOTAL CREDITS REQUIRED FOR GRADUATION = 72**

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